

AUTOIMMUNE SYMPTOM CROSSOVER

	SJÖGREN'S	LUPUS	RHEUMATOID ARTHRITIS	HASHIMOTO THYROIDITIS	SCLERODERMA
Dryness (mouth, nose, vaginall)	✓	✗	✓	✓	✓
Mouth sores	✓	✓	✓	✗	✓
Brain fog	✓	✓	✗	✓	✓
Dysautonomia	✓	✓	✓	✓	✓
Difficulty swallowing	✓	✗	✗	✓	✓
Fatigue	✓	✓	✓	✓	✓
Joint pain	✓	✓	✓	✓	✓
Skin sensitivity to light	✓	✓	✗	✗	✓
Recurrent bronchitis	✓	✗	✗	✗	✗
Stomach upset	✓	✓	✗	✗	✓
Raynaud's	✓	✓	✓	✓	✓
Headaches	✓	✓	✓	✓	✓
Low fevers	✗	✓	✓	✗	✗

Information sourced from:

- <https://sjogrens.org/understanding-sjogrens/symptoms>
- <https://www.lupus.org/resources/common-symptoms-of-lupus>
- <https://www.arthritis.org/diseases/rheumatoid-arthritis>
- <https://www.thyroid.org/patient-thyroid-information/ct-for-patients/may-2022/vol-15-issue-5-p-3-4/>
- <https://sclerodermainfo.org/faq/symptoms-and-prognosis/?gclid=Cj0KCQiA6fafBhC1ARIsAIJL8lCtJJSQo->