

# FOLIA FORMS: WHAT TO DO IF AN APPOINTMENT WENT POORLY

<b>DATE:</b>	<b>LOCATION:</b>
<b>TIME:</b>	<b>DOCTOR:</b>

1. Take a moment and breathe. It will be okay - you are smart, you know your body, you are supported, and you will figure this out.
2. Write down what you think went poorly. Do you feel you were ignored? Were your concerns properly addressed?

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## WHAT DO YOU WISH COULD HAVE GONE DIFFERENTLY?

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## WHAT STEPS WILL YOU TAKE TO RESOLVE THE ISSUE?

- Talk to another provider at the same practice
- Research and select a new practice
- Request any required referrals to go to another practice
- Request medical records from previous provider
- Make sure insurance billing is correct
- Make appointment with new provider
- Leave a review for previous provider
- Reach out to administration of provider
- Other:

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## QUESTIONS

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Scan to  
access Folia:

